

Substance Use and Abuse Health Education Implementation Plan



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| State Board of Education Rule: | 6A-1.094122 Substance Use and Abuse Health Education |
| Name of the School District | Monroe County School District |
| Superintendent of the School District | Mark Porter |
| Implementation Period: (MM/YY – MM/YY) | 08/19 – 05/19 |
| Submission Date to the Commissioner | On 11/ 30/ 19 sent to SubstanceAbusePrevention@fldoe.org |
| Direct URL to the Implementation Plan as posted on the school district website | https://www.keysschools.com/Page/6477 |
| School District Contact(s) for this Plan <i>(name and email address)</i> | Melissa Alsobrooks Melissa.Alsobrooks@keysschools.com |

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| Select the specific subject area(s) of the courses in which instruction will be delivered: | | | |
| <input checked="" type="checkbox"/> Art – Visual Arts <input checked="" type="checkbox"/> Computer Education <input type="checkbox"/> Dance <input checked="" type="checkbox"/> Drama – Theatre Arts <input checked="" type="checkbox"/> English/Language Arts | <input checked="" type="checkbox"/> Experimental Education <input checked="" type="checkbox"/> Health Education <input type="checkbox"/> Library Media <input checked="" type="checkbox"/> Mathematics <input checked="" type="checkbox"/> Music Education | <input type="checkbox"/> Peer Counseling <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Research/Critical Thinking <input checked="" type="checkbox"/> Science <input checked="" type="checkbox"/> Social Studies | <input checked="" type="checkbox"/> World Languages <input checked="" type="checkbox"/> Other |
| Select the qualification(s) of the instructors for the above courses: | | | |
| <input checked="" type="checkbox"/> Florida Certified Teacher <input checked="" type="checkbox"/> Community-based Expert <input checked="" type="checkbox"/> School Nurse <input checked="" type="checkbox"/> School Counselor <input type="checkbox"/> School Psychologist <input type="checkbox"/> Other | | | |
| <p align="center"><u>Please explain the rationale for delivering the instruction in the courses selected above for each grade level.</u></p> <p>Grades K-5:</p> <p>Health education is a required course for all K-5 students in Monroe County School District and is taught by the classroom’s Florida Certified teacher during the regular school day schedule and supplemented with additional activities and events.</p> <p>Grades 6-12:</p> <p>Monroe County School District has developed three implementation models based on school input for grades 6-12. *Substance Use and Abuse is embedded within the Five Hour Mental Health and supplemented with additional lessons and events.</p> <p>Option 1: Substance Use and Abuse Education is delivered during an amended schedule (shortened periods) with all students reporting to a specific course for instruction during the set aside time. Option 2: Substance Use and Abuse Education is delivered within the four core instructional areas in place of regular content instruction. Option 3: Substance Use and Abuse Education is delivered one lesson per period, core content areas and electives, in place of regular content.</p> | | | |

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With each option presented, students will receive instruction in Substance Use and Abuse Education in a credit earning course taught by a certified Florida teacher.

Please describe the methods for delivering the instruction for each grade level.

Grades K-5:

Instruction will be delivered using a blended learning format. We are using the learning management system, Canvas, to organize, store and facilitate instruction of all of our materials. Teachers and administrators are enrolled in the appropriate Canvas course for their grade level and are given access to the repository of lessons and resource materials to facilitate instruction.

Teachers will use both offline lessons and online modules during instruction.

Grades 6-12:

Lessons are taught in conjunction with the delivery of the Five Hour Mental Health Education. Lessons and activities are also provided by community experts within classes through partnerships with Monroe County Department of Health, WomanKind, Monroe County Coalition, Keys Women’s Shelter and Guidance Care Center of Monroe County.

Method for delivering instruction:

Instruction will be delivered using a blended learning format. We are using the learning management system, Canvas, to organize, store and facilitate instruction of all of our materials. Teachers and administrators are enrolled in the appropriate Canvas course for their grade level and are given access to the repository of lessons and resource materials to facilitate instruction.

Teachers will use both offline lessons and online modules during instruction.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

Grades K-5:

Resources: Kidshealth.org, Catch.org, Scholastic.com and OrganwiseGuys.com (District Created Curriculum Sequence)

Format: Blended learning using online programs along with resources in Canvas for offline activities led by a certified Florida teacher.

| Grade | Delivery Type | Topics |
|-------|--|---|
| K | Blended learning with Face to Face instruction using online/ offline materials | Smoking, Five Senses, Refusal Skills |
| 1 | Blended learning with Face to Face instruction using online/ offline materials | Smoking, Second hand smoke, Hearth Health, Refusal Skills |
| 2 | Blended learning with Face to Face instruction using online/ offline materials | Cardiovascular and Respiratory Systems, Prescription Medication Safety, Smoking, Refusal Skills |

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| 3 | Blended learning with Face to Face instruction using online/ offline materials | Cardiovascular System, Household Hazards and Chemicals, Tobacco and Smoking, Refusal Skills |
| 4 | Blended learning with Face to Face instruction using online/ offline materials | Peer Pressure, Refusal Skills, Bones and Muscles, Smoking and Vaping, Alcohol, Stress |
| 5 | Blended learning with Face to Face instruction using online/ offline materials | Peer Pressure, Refusal Skills, Respiratory System, Drugs, Alcohol, Smoking and Vaping |

Grades 6-8:

Resource Name: Everfi - K12 Prescription Drug Safety

Format: Blended learning using an online program (Everfi) along with resources in Canvas for offline activities led by a certified Florida teacher.

| Lesson Name | Delivery Type | Time |
|------------------------------|--|--------|
| K12 Prescription Drug Safety | Blended- Online with teacher instruction after online portion complete | 50 Min |

Grades 9-12:

Resource Name: Everfi K12 Prescription Drug Safety and Alcohol EDU for High School

Format: Blended learning using an online program (Everfi) along with resources in Canvas for offline activities led by a certified Florida teacher.

| Lesson Name | Delivery Type | Time |
|------------------------------|--|--------|
| AlcoholEDU for High School | Blended- Online with teacher instruction after online portion complete | 50 Min |
| K12 Prescription Drug Safety | Blended- Online with teacher instruction after online portion complete | 50 Min |

Additional Activities:

- *Student Health Fairs (6-12)
- *Catch.org Lessons through assemblies and Red Ribbon Week (K-12)
- * Med-Flatable- Heath and Lung exhibits (6-12)
- * SWAT Student organized events on campus (K-12)