

Mental and Emotional Health Education Implementation Plan



State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	Monroe County School District
Superintendent of the School District	Mark Porter
Implementation Period: (MM/YY – MM/YY)	10/19 – 05/20
Submission Date to the Commissioner	On 11/ 30 /19 sent to MentalHealthEducation@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website	https://www.keysschools.com/Page/6477
School District Contact(s) for this Plan <i>(name and email address)</i>	Melissa Alsobrooks Melissa.Alsobrooks@keysschools.com

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input checked="" type="checkbox"/> Art – Visual Arts	<input checked="" type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input checked="" type="checkbox"/> World Languages
<input checked="" type="checkbox"/> Computer Education	<input type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input checked="" type="checkbox"/> Research/Critical Thinking	
<input checked="" type="checkbox"/> Drama – Theatre Arts	<input checked="" type="checkbox"/> Mathematics	<input checked="" type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input checked="" type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input type="checkbox"/> Other			

Please explain the rationale for delivering the instruction in the courses selected above for each grade level.

Monroe County School District has developed three implementation models based on school input:

Option 1: Mental Health Education will be delivered during an amended schedule (shortened periods) with all students reporting back to a specific course for instruction during the set aside time.

Option 2: Mental Health Education will be delivered within the four core instructional areas in place of regular content instruction.

Option 3: Mental Health Education will be delivered one lesson per period, core content areas and electives, in place of regular content.

With each option presented, students will receive instruction in Mental Health Education in a credit earning course taught by a certified Florida teacher.

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Please describe the methods for delivering the instruction for each grade level.

Time of implementation- three options were offered:

Option 1: One lesson per day until complete- two schools selected this option.

Option 2: One lesson per week until complete- three schools selected this option.

Option 3: One lesson per month until complete- two schools selected this option.

We allowed for flexibility in time of implementation to give schools the ability to best integrate the program into their schedules and school culture.

Method for delivering instruction:

Instruction will be delivered using a blended learning format. We are using the learning management system, Canvas, to organize, store and facilitate instruction of all of our materials. Teachers and administrators are enrolled in the appropriate Canvas course for their grade level and are given access to the repository of lessons and resource materials to facilitate instruction.

Teachers will use both offline lessons and online modules during instruction. Each scheduled period of instruction is no less than 50 minutes, teachers will lead six 50 minute lessons using the district provided resources in Canvas.

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Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

Monroe County School District opted to provide a choice in materials and resources for instruction based on the availability of 1-1 devices for students. Option 1 addresses the needs of schools who do not have access to the number of student laptops required to implement. Option 2 utilizes the 1-1 model of technology to deliver a blended instructional model. Both options meet all state required topics.

Option 1: (6-12)

Resource Name: TeenMentalHealth.org

Format: Mixed media- videos, PowerPoints and offline activities led by a certified Florida teacher.

Lesson Name	Delivery Type	Requirements fulfilled	Time
The Stigma of Mental Illness	Canvas for Resources, Face to Face instruction with Teacher	B,C,D	50 Min
Understanding Mental Health and Mental Illness	Canvas for Resources, Face to Face instruction with Teacher	A,B,C,D	50 Min
Information on Specific Mental Illnesses	Canvas for Resources, Face to Face instruction with Teacher	A,B,C,D,J	50 Min
Experiences of Mental Illness and Importance of Family Communication	Canvas for Resources, Face to Face instruction with Teacher	E,F,G,H,I	50 Min
Seeking Help and Finding Support	Canvas for Resources, Face to Face instruction with Teacher	E,F,G,H,I,J	50 Min
The Importance of Positive Mental Health	Canvas for Resources, Face to Face instruction with Teacher	G,H,I,J	50 Min

Option 2: (6-8)

Resource Name: Everfi - Mental Wellness Basics and K12 Prescription Drug Safety

Format: Blended learning using an online program (Everfi) along with resources in Canvas for offline activities led by a certified Florida teacher.

Lesson Name	Delivery Type	Requirements fulfilled	Time
Mental Health Basics	Blended- Online with teacher instruction after online portion complete	A,B,C,D	50 Min
Strengthening Mental Health Foundation and Risk and Protective Factors	Face to Face instruction using offline materials	A,B,C,D	50 Min
Understanding Mental Health Disorders	Blended- Online with teacher instruction after online portion complete	A,B,C,D,	50 Min
Healthy Coping Skills	Blended- Online with teacher instruction after online portion complete	E,F,G,H,I	50 Min
Getting Help	Blended- Online with teacher instruction after online portion complete	E,F,G,H,I,	50 Min
K12 Prescription Drug Safety	Blended- Online with teacher instruction after online portion complete	J	50 Min

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Option 2: (9-12)

Resource Name: Everfi Mental Wellness Basics, K12 Prescription Drug Safety and Alcohol EDU for High School

Format: Blended learning using an online program (Everfi) along with resources in Canvas for offline activities led by a certified Florida teacher.

Lesson Name	Delivery Type	Requirements fulfilled	Time
Mental Health Basics	Blended- Online with teacher instruction after online portion complete	A,B,C,D	50 Min
Understanding Mental Health Disorders	Blended- Online with teacher instruction after online portion complete	A,B,C,D	50 Min
Healthy Coping Skills	Blended- Online with teacher instruction after online portion complete	E,F,G,H,I	50 Min
Getting Help	Blended- Online with teacher instruction after online portion complete	E,F,G,H,I	50 Min
AlcoholEDU for High School	Blended- Online with teacher instruction after online portion complete	J	50 Min
K12 Prescription Drug Safety	Blended- Online with teacher instruction after online portion complete	J	50 Min