

**United
Way**



United Way of the Florida Keys

**COMMUNITY
RESOURCE
GUIDE**

Founded in 1981, United Way of the Florida Keys is a local, independent nonprofit serving residents of the Florida Keys. Our mission is to be the leader in community caring, making our area a better place for working families by providing desperately needed food, education, and safety net services. UWFK provides funding for nonprofits throughout Monroe County and assists over 25,000 individuals and families each year.

We focus on helping working families who are "Asset-Limited, Income Constrained, Employed" (ALICE). These are people who work hard to make ends meet, but suffer due to the extremely high cost of living in Monroe County. UWFK funds scholarships for low-income children to attend quality childcare, provides tax preparation services for low and moderate income individuals, supports food programs to ensure life-saving nutritional assistance, and much more.

To learn more and see what we're currently working on, please visit www.keysunitedway.org or check out our Facebook www.facebook.com/keysunitedway.



**UWFK Staff: Resource Development Director - Ann Sandlin, President / CEO - Kate Bauer-Jones, and Directress of Operations - Chelsea Wait*

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Please email: cwait@keysunitedway.org to update or add community information to this guide.



AIDS Help: Housing assistance, HIV testing & support, health clinics, medical supplies, case/ care management, support groups, follow-up care ahmonroe.org – Key West (305) 296-6196

American Cancer Society: Education, research, advocacy services, supportive groups, resource and referral, follow-up care cancer.org
Key West (305) 292-2333

Cancer Foundation of the Florida Keys: Assistance with rent, food, transportation, utilities, cancer education, supportive services – Key West (305) 294-7300 keyscancerfoundation.org

Community Health of South Florida (CHI): General clinic, nutrition education, mother/ infant care, screening chisouthfl.org
Marathon (305) 743-4000, Tavernier (305) 252-4820

Fishermen's Community Hospital: Emergency/ Urgent Care
fishermenshospital.org – Marathon (305) 743-5533, Big Pine Key (305) 396-7622

Florida Department of Health (DOH) in Monroe County: General clinic, physicals, STD/ HIV screenings monroe.floridahealth.gov
Key West (305) 293-7500

Florida Keys Area Health Education Center (FKAHEC), Inc.: Smoking cessation, health care screening, school health clinics, referral services fkahec.org – Marathon (305) 743-7111

Good Health Clinic, Inc: Community clinic, health screening and testing, preventative care, physicals, referrals & follow-up care
thegoodhealthclinic.org – Tavernier (305) 853-1788

Guidance/Care Center: Center for wellness; health screenings, health physicals, preventative care, referrals, seasonal vaccines
guidancecarecenter.org – Key West, Marathon, Key Largo (305) 434-7660

Island Home Care Agency, Inc.: Disability & rehabilitation-related occupational/ physical therapy, home health care nursing services
careinthekeys.com – Key West (305) 735-4460

Living Waters Rx Project: Provides funding for qualifying low income participants to fill prescriptions to maintain chronic health conditions pams.place/rx_program – Key Largo (305) 432-9554

Lower Keys Medical Center: Emergency/ Urgent care, Intensive care, pharmacy, health screenings, laboratory, drug detoxification lkmc.com – Key West (305) 294-5531

Mariners Hospital: Emergency/ Urgent care, Intensive care, lab testing, diagnostic imaging/ radiology, health screening & referrals baptisthealth.net – Tavernier (305) 454-3000

Rural Health Network of Monroe County - HIV Testing, STD screening, pregnancy testing, community clinic, drug treatment, referrals fachc.org – Key West & Marathon (305) 517-6613

Veteran's Affairs: Veterans Affairs health clinic – Key West: 1300 Douglas Cir (305) 293-4863 & 1200 Truman Ave (305) 295-5150, Key Largo 105662 Overseas Hwy (305) 451-0164 va.gov

Visiting Nurse Association & Hospice of the Florida Keys: Home health care, physical therapy, IV medication, palliative and wound care, vnahospicekeys.org – Key West (305) 294-8812, Tavernier (305) 852-7887

Womankind, Inc.: Health clinic & screenings, family planning, gynecology services, STD education, referrals, follow-up services Key West (305) 294-4004 womankindkeywest.com

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

Advocate Program (Monroe County Unit): Case management, counseling, substance abuse assessment, outpatient treatment advocateprogram.org – Marathon (305) 289-5605

Alcoholics Anonymous: Alcohol dependency support groups in all of the Florida Keys – Key Largo, Marathon, Key West (305) 296-8654 aafloridakeys.org

Florida Department of Children & Families (DCF): Child abuse investigation, Court intake & visitations services, counseling, resource & referral – Key West (305) 292-6745 myflfamilies.com

Florida Keys Children's Shelter: Family & youth counseling, case management, supportive services, referrals fkcs.org
Key West (305) 292-0999, Tavernier (305) 852-4246

Florida Keys Outreach Coalition- Peacock Supportive Living: Supportive living facility for adults with chronic mental illness, case management support fkoc.org – Key West (305) 295-8693

Guidance/Care-Center: Anger management, substance abuse counseling, relapse prevention, detoxification, Inpatient services gcmk.org – Services County-wide: (305) 434-7660

Living Springs Counseling: Low Cost Counseling, Workshops, and Basic Case Management. – Tavernier (305) 432-9554

Lower Keys Medical Center: Inpatient & Outpatient mental and chemical dependency services lkmc.com Key West (305) 294-5531

Narcotics Anonymous: Substance abuse dependency support groups, health research, information and referral – Key West (866) 584-2411 floridakeysna.org

DOMESTIC VIOLENCE & SEXUAL ASSAULT SERVICES

Coordinated Victim's Assistance Center (CVAC): Provides crisis intervention, education, case management, supportive services casa-us.org/cvac-office – Statewide (305) 285-5900

Domestic Abuse Shelter of the Florida Keys, Inc.: Emergency housing, crisis intervention, case management – Key Largo, Marathon, Key West (305) 743-4440 domesticabuseshelter.org

Florida Coalition Against Sexual Violence- Emergency shelter sites, support services, education, resource & referral, counseling services fcasv.org – Statewide services available, toll-free (888) 956-7273

Florida Dept of Children and Families- Domestic Violence: 24/7 emergency shelter, counseling, supportive services, legal services, resource and referral myflfamilies.com Statewide (800) 500-1119

Monroe County Sheriff's Office- Victim Advocate Program: Emergency response and support services – Keys: Lower (305) 745-3184, Middle (305) 289-2430, Upper (305) 853-3211 keysso.net

HOUSING SERVICES

Advocate Program: Veteran support services to transition out of homelessness advocateprogram.com – Marathon (305) 289-5605

AIDS Help Housing: Permanent housing program for HIV/ AIDS, elderly, homeless, disabled & low-income households in Key West aidshelp.cc – Key West (305) 296-6196

Catholic Charities: Emergency shelter, transitional & permanent housing programs for disabled status households, rental assistance ccadm.org – Key West (305) 292-9790

Center for Independent Living of the Keys (CILK): Supportive services to disabled individuals, case management, education & advocacy floridacils.org – Key Largo (305) 453-3491

Florida Keys Children's Shelter: Runaway youth shelter, case management, food, clothing, transportation & supportive services to youth fkcs.org – Tavernier (305) 852-4246

Florida Keys Outreach Coalition: Emergency shelter, transitional & permanent supportive housing programs, fkoc.org Key West Men's Center (305) 295-7580, Women's Center (305) 296-8937

Guidance/ Care Center: Heron House: Assisted living facility for adults with chronic mental illness, case management, supportive services guidancecarecenter.org – Marathon (305) 434-7660

Habitat for Humanity: Affordable housing program for low-income families, housing education and support Key Largo (305) 453-0050, Marathon (305) 743-9828, Key West (305) 294-9006

Independence Cay: Emergency shelter for men, bathing & laundry facilities, transitional housing, meals, supportive services & referrals kaironline.net – Marathon (305) 743-4582

Key West Housing Authority: Low-income subsidized rental housing under both HUD Section 8 & Section 42. Guidelines kwha.org Key West (305) 296-5621

Keys Overnight Temporary Shelter (KOTS): Temporary shelter, bathing and laundry facilities, medical & supportive housing services shalkw.org/shelter – Key West (305) 292-2744

MARC Housing program: Housing, supportive living services & case management for developmentally disabled adults marchouse.org
Key West (305) 294-9526

FKOC- Peacock Supportive Living: Supportive living for adults with chronic mental illness, supportive services, permanent housing
fkoc.org – Key West (305) 295-8693

Samuel's House: Emergency shelter, transitional & permanent housing, resource & referral, case management, support services
samuelshouse.org – Key West (305) 296-0240

Volunteers of America: Provides housing services to homeless Veterans, case management, education/ financial opportunities
voaflorida.org/key-west – Key West (305) 395-2726

FOOD & NUTRITION SERVICES

Big Pine United Methodist Church: Ongoing food assistance, volunteer opportunities, faith-based community outreach services
bigpineumc.org – Big Pine (305) 872-2470

Burton Memorial Church, Inc: Ongoing food assistance, soup kitchen, faith-based community outreach, volunteer opportunities
bmumc.net – Tavernier (305) 852-2581

First Baptist Church of Islamorada: Emergency food assistance, soup kitchen, faith-based community outreach/ referral program
fbcislamorada.org – Islamorada (305) 664-4910

First Baptist Church of Key Largo: Emergency food assistance, faith-based community outreach, weekly soup kitchen, volunteer opportunities
fbckl.com – Key Largo (305) 451-2265

Florida Department of Children and Families (DCF): Apply for federal Food Stamp (SNAP) food program, referral services
Statewide (866) 762-2237 myflorida.com/accessflorida

Florida Department of Health (DOH) in Monroe County- WIC: Assistance for Women, Infants & Children – floridahealth.gov
Key West (305) 809-5684, Marathon (305) 289-2718, Tavernier (305) 853-7402

Florida Keys Outreach Coalition - Loaves & Fish Food Pantry: Emergency and on-going food assistance, resource & referrals
fkoc.org/food_pantry – Key West (305) 295-7580

Glad Tidings Community Church: On-going food assistance, faith-based community outreach campaign, volunteer opportunities gladtidingskeywest.com – Key West (305) 296-5773

Independence Cay: Hot lunch daily, supportive services & referrals kaironline.net – Marathon (305) 743-4582

Keys Area Interdenominational Resources (KAIR): On-going emergency food assistance, brown bag lunches, volunteer opportunities kaironline.net – Marathon (305) 743-4582

Metropolitan Community Church: On-going emergency food assistance, home delivered meals, soup kitchen, holiday food baskets mcckeywest.com – Key West (305) 294-8912

Monroe County Nutrition Program: Congregate meals/ nutrition sites for adults aged 60 or older, home delivered meals, Senior Centers, community volunteer opportunities monroecounty-fl.gov Key West (305) 292-4522

Monroe County Social Services: On-going emergency food assistance, home delivered meals monroecounty-fl.gov Key West (305) 292-4573, Tavernier (305) 852-7125

Star of the Sea Mission Outreach: On-going emergency food, baby formula, volunteer opportunities sosmission.org – Key West (305) 292-3013

St. Justin Martyr- Catholic Church: Ongoing emergency food assistance, faith-based community outreach, hot meal program st-justinthemartyr.org – Key Largo (305) 451-1316

St. Mary's Soup Kitchen: Daily hot dinner, volunteer opportunities, faith-based community outreach stmarykeywest.com – Key West (305) 294-2772

St. Peter Catholic Church: Ongoing weekly emergency food pantry, faith-based community outreach, volunteer services stpeterbpc.org – Big Pine Key (305) 872-2537

Inez Martin- Backpack Nutrition Program: Child-friendly foods sent home with students on Fridays to supplement weekend meals www.wesleyhouse.org/inez-martin – Key West (305) 296-5231

INFANTS, CHILDREN & ADOLESCENT SERVICES

A Positive Step of Monroe County: Juvenile diversion program, case management, counseling, supportive services apsmc.org
Key West (305) 292-6737 ext 117

Bahama Village Music Program: Free musical education and instruction to children ages 6 to 16. Instrument and lessons at no charge bvmpkw.org – Key West (305) 504-7664

Boys and Girls Clubs of the Keys: Affordable out-of-school club for children ages 5 to 18 southernmostboysgirlsclub.com Key West (305) 296-2258, Big Pine Key (305) 872-2400

Early Learning Coalition: Subsidized child care program, pre-school & school readiness programs, developmental screening, training elcmdm.org – Key West, Marathon, Key Largo (305) 296-5557

Florida Department of Children & Families (DCF): Child abuse investigation, intake & visitations services, counseling, resource & referral – Key West (305) 292-6745 myflfamilies.com

Florida Department of Health (DOH) in Monroe County - Children's Medical Services: Health care referrals for children with special needs, health insurance navigator, parent support floridahealth.gov – Marathon (305) 349-1330

Florida Keys Children's Shelter (Project Lighthouse): Drop-in youth center that helps runaway children navigate services such as food, medical and shelter fkcs.org – Key West (305) 852-4246

Florida Keys Healthy Start Coalition: Nutrition education, breastfeeding support, childbirth education, case management keyshealthystart.org – Monroe County (305) 293-8424

Florida KidCare: high-quality, low-cost health insurance for children from birth through age 18, medical provider network for referrals healthykids.org – Statewide services (888) 540-5437

Frederick Douglass Gym: Free after school tutoring, all youth basketball leagues organized by the Police Athletic League (PAL) of Key West (305) 293-8305 – cityofkeywest-fl.gov

Girl Scouts of America: Organization of girls that promote character, outdoor activities, good citizenship, and selfless service to others
girlscoutsfl.org – Big Pine (305) 253-4841

Guardian Ad Litem: Special court-appointed advocacy program for all children at-risk of or currently in foster care placement.
voicesflkeyschildren.org – Key West (305) 292-3485

Kids Come First in the Florida Keys: Provides year-round children's clothing & school supplies, always accepting donations
facebook.com/kidscomefirst – Monroe County (305) 743-4599

Monroe County Child Find: Free developmental screenings for children 3 and older who are not enrolled in a public school
fdlrs-south.dadeschools.net/cf/cf.html - Monroe County (305) 293-1646

Monroe County Public School District: Head Start, developmental screenings, special education, parental support services
keyschools.schoolfusion.us – Monroe County (305) 293-1400

Our Kids of Miami-Dade/Monroe: Foster care and adoption resources, support and services throughout Monroe County
ourkids.us – Marathon & Key West (305) 455-6000

Outward Bound: Juvenile delinquency and runaway prevention, youth court-diversion
<http://www.djj.state.fl.us/home> – Key Largo (305) 242-4881

Wesley House Family Services: Foster & adoption programs, case management, pre and post natal home visit support, child care center, supportive services
wesleyhouse.org – Serving all of Monroe County (305) 809-5000

SENIOR SERVICES

AARP: nonprofit, nonpartisan, social welfare organization to address aging, retirement, positive morale, geriatrics, discounts & networking
aarp.org – Services offered Statewide (888) 687-2277

Florida DCF- Adult Protective Services: Protective services for elderly & disabled adults, protective payee accounts, supportive services
myflfamilies.com – Statewide: (800) 962-2873

Foster Grandparents: Seniors 55 and older are matched with a child to serve as a role model and provide mentoring and support nationalservice.gov/foster-grandparents – 1 (800) VOLUNTEER

Hospice of the Florida Keys - Visiting Nurse Association: Wound care clinics, private-duty home care vnahospicekeys.org Key West (305) 294-8812, Tavernier (305) 852-7887

Monroe County Nutrition Program: Congregate meals/ nutrition sites, home delivered meals, Senior Centers, community volunteer opportunities monroecounty-fl.gov Key West (305) 292-4522

Monroe County Social Services: On-going emergency food assistance, home delivered meals monroecounty-fl.gov Key West (305) 292-4573, Tavernier (305) 852-7125

Monroe County Transit: Senior and disability-related transportation program, no fee for citizens 60 and older, door-to-door services monroecounty-fl.gov/MCT – Key West (305) 292-4424

Older Americans Advisory Board: Provides the Monroe County Board of Commissioners input on local issues affecting older residents monroecounty-fl.gov – Islamorada (305) 853-0907

Retired Senior Volunteer Program (RSVP): Volunteer matched with an Agency of their choice to use their talents and build social network nationalservice.gov/RSVP – 1 (800) VOLUNTEER

Senior Companions Program: Senior companions 55 and older help adults who have difficulty with tasks such as shopping and paying bills 1 (800) VOLUNTEER – nationalservice.gov/senior-companions

EMERGENCY & ECONOMIC SERVICES

Catholic Charities of Monroe County: Limited emergency rent, utility and food assistance program- proof of income & identification required to apply ccadm.org – Key West (305) 292-9790

Florida Department of Children and Families (DCF): Apply for Temporary Assistance to Needy Families (TANF) monthly cash assistance grant dcf-access.dcf.state.fl.us – Statewide (866) 762-2237

Florida Keys Outreach Coalition: Financial crisis support and referral fkoc.org Key West (305) 295-7580, Tavernier (305) 916-5454

Keys Area Interdenominational Resources (KAIR): Limited emergency rent, utility and food assistance proof of income & ID required to apply kaironline.net – Marathon (305) 743-4582

Monroe County Social Services: Limited rent & utility assistance, prescription drug patient assistance, burial/cremation assistance monroecounty-fl.gov – Key West (305) 292-4408

Red Cross: Provides disaster response services, including emergency needs info at redcross.org/local/florida/south-florida – (954) 797-3829

Salvation Army of Monroe County: Limited emergency rent, utility and food assistance program- proof of income & identification required to apply salvationarmyflorida.org – Key West (305) 294-5611

Sister Season Fund: Limited emergency rental, utility and food assistance, proof of income & ID required at time of application sisterseason.com – Key West (305) 849-0991 or (305) 304-9828

Social Security: Medicare, SSDI, SSI, RSDI, Medicare Part B, apply for a SSN card, check your Social Security yearly statement ssa.gov Key West, Toll-free (800) 772-1213

SPECIAL NEEDS SERVICES

Center for Independent Living of the Keys (CILK): Supportive services to disabled individuals, case management, education & advocacy floridacils.org – Key Largo (305) 453-3491

Easter Seals of the Florida Keys Region: Disability services including resource & referral, supportive services, ADA advocacy, Employment programs easterseals.com – Key West (305) 296-1530

Florida Division of Vocational Rehabilitation: Employment services for people with mental or physical disabilities rehabworks.org – Keys: Upper (305) 453-1271, Middle (305) 289-6174, Lower (305) 293-7586

FK Council for People with Disabilities: Provides advocacy and services for people and families in Monroe County with disabilities monroecounty-fl.gov – Key West (305) 292-4591

Monroe Association for ReMARCable Citizens: Supported living & employment services for adults and families with disabilities marchouse.org – Key West (305) 294-9526

LEGAL SERVICES

Americans for Immigrant Justice: Legal, interpretation and translation services, citizenship and immigration assistance aijustice.org – Services offered Statewide (305) 573-1106

CrimeStoppers of the Florida Keys: Neighborhood watch crime prevention program, anonymous tip telephone line and email option, financial rewards for tips keysso.net – Key West (800) 346-TIPS

Federal Public Defender's Office- Key West: Legal representation for people accused of Federal crimes who are financially unable to retain their own private counsel fls.fd.org – Key West (305) 296-9265

Florida Department of Juvenile Justice: Legal advocates, Court diversion programs, resource and referrals, detention facilities djj.state.fl.us – Key West (305) 293-1500

Florida Department of Justice - Victim/ Witness Services: Confidential services for crime victims & witnesses, multiple support services – Key West (305) 294- 7070 justice.gov/monroe

Legal Services of Greater Miami (Monroe County): Pro-bono legal services for low income households, local resource and referrals Key West, toll-free (877) 715-7464 lsgmi.org

Legal Services of the Florida Keys: Legal service offered pro-bono on topics such as domestic violence, fair housing, family law, disability probono.net Service throughout the Florida Keys (305) 232-9680

COMMUNITY SERVICES

CareerSource- South Florida: Assistance writing resumes, job seeking, networking and job readiness skills careersources.fl.com Key Largo (305) 853-3540, Key West (305) 292-6762

211 of Miami-Dade and Monroe: Provides info & referral to Statewide resources such as suicide prevention, food banks, shelters, legal assistance & more – Statewide, dial **2-1-1**

City of Key West - Parks and Recreation: Maintained public parks, trails and beach, free parking locations, gyms & pool schedules cityofkeywest-fl.gov – Key West (305) 809-3769

Florida Keys Community College: Classes, workshops, degree & certification programs, library, computer access, student clubs and organizations fkcc.edu – Key West (305) 296-9081

Florida Keys SPCA: Shelter, adoptions, animal control, fundraising, cruelty investigations, vaccinations, spay/ neutering, pet food pantry fkspca.org – Key West (305) 294-4857, Marathon (305) 743-4800

Key West Business Guild: LGBTQIA-supported network that encourages commerce and events with local LGBTQIA-friendly businesses kwbgonline.org – Key West (305) 294-4603

League of Women Voters of the Lower Keys: Dedicated to fostering an informed, engaged electorate and to defending voters' rights lowerkeyslwv.org/

Monroe County Homeless Services Continuum-of-Care: Promotes community-wide goal of ending homelessness by facilitating the Continuum-of-Care process monroehomelesscoc.org – Key West (305) 440-2315

Monroe County Public Library: Free internet, physical and digital books & movies to lend, Children's program, community events keyslibraries.org – Key West (305) 292-3595, Big Pine (305) 872-0992, Marathon (305) 743-5156, Islamorada (305) 664-4645, Key Largo (305) 451-2396

PFLAG - Florida Keys: Support community for the friends and family of LGBTQIA people, advocacy, public speaking, campaigning, support pflag.org – Marathon (305) 393-6610

United Way of the Florida Keys: Local non-profit organization supporting education, poverty prevention and food security keysunitedway.org – Key West (305) 735-1929

HOTLINES

AARP	888-687-2277
Abuse Hotline	800-96-ABUSE
Alcoholics Anonymous	800-662-4357
Alliance for Aging	305-670-6500
Alzheimer's Association of South Florida	800-272-3900
American Pregnancy Hotline	800-672-2296
American Red Cross	800-RED-CROSS
Cancer Information Service	800-4CANCER
Child Support Enforcement	800-622-5437
DCF Abuse Hotline	800-962-2873
Disaster Hotline (Monroe)	800-955-5504
Early Steps Southernmost Coast	888-624-7837
Elder Abuse Hotline	800-677-1116
Family Health Line of FL	800-451-2229
FEMA	800-621-FEMA
FL Bar Referral Service	800-342-8011
FL Department of Elder Affairs	850-414-2000
FL Domestic Violence Hotline	800-500-1119
Gamblers Anonymous	888-ADMITIT
Healthcare.gov (ACA Insurance)	800-318-2596
Helpline of the Keys	305-296-HELP
Immigration (USCIS)	800-375-5283
LGBTQ Helpline	305-646-3600
Medicaid	800-633-4227
Medicare	800-772-1213
Nat'l Child Sex Abuse Line	800-4ACHILD
Nat'l Suicide Prevention Line	800-SUICIDE
Poison Control	800-222-1222
Postpartum Support International	800-944-4733
Runaway Helpline	800-RUNAWAY
Seniors Helpline	305-646-3606
Smoking Quit Line	800-QUITNOW
Social Security Administration	800-772-1213
Veteran's Assistance	800-827-1000
Veteran's Crisis Line	800-273-8255 Ext 1

Made possible in part with support from:



**MONROE COUNTY
HOMELESS SERVICES**

CONTINUUM-OF-CARE, INC.

The mission of the Monroe County Homeless Services Continuum-of-Care is to promote community-wide commitment to the goal of ending homelessness by facilitating the Continuum-of-Care process in Monroe County, Florida.

For more information, please visit:

<http://www.monroehomelesscoc.org/>