Types of Ostomies:

Transverse colostomy
Location:
- upper abdomen, either in the middle or toward the right side
Discharge:
- Semi-solid
- Unpredictable
- Contains some digestive enzymes
Management:
- Skin protection
- Drainable pouch
- Closed-end pouch

Ascending colostomy
Location:
- Right side of the abdomen
Discharge:
- Very liquid
Management:
- Same as a transverse
- Rarely used/ileostomy is a better stoma when the discharge is liquid.

Descending/sigmoid colostomy
Location:
- Left lower abdomen – most common
Discharge:
- Resembles normal bowel movements
- Regulated in some patient, not in others
Management:
- Natural evacuation or irrigation.
- Protective cover or closed-end pouch if regulated.

If not regulated, use open-end drainable pouch.