

# CANES COUNSELORS DECEMBER NEWSLETTER

Dear Coral Shores Family,

As we reach the midpoint of the school year, we want to express our heartfelt appreciation to our incredible students, dedicated teachers, and supportive parents. Your commitment to excellence has created a thriving learning environment where our students continue to shine both academically and personally. Together, let's continue fostering a culture of kindness, resilience, and achievement. Thank you for being an integral part of the Coral Shores family. Here's to more shared successes in the months ahead!

Happy Holidays,  
Coral Shores Admin Team  
Ms. Lietaert, Mr. Poelma & Mrs. Ward

## UPCOMING DATES

12/19 - 7th Period Exam  
12/20 - 1/2 Period Exam/Early Release  
12/21 - 3/4 Period Exam/Early Release  
12/22 - 5/6 Period Exam/Early Release  
12/22 - End of 2nd Quarter/1st Semester  
1/8 - Professional Day - No Students  
1/9 - Students Return  
1/11 - Report Cards Posted

Per 7 Midterm/Final Exams	
Time	Period
7:35 – 8:15	1
8:20 – 9:05	2
9:09 – 9:54	3
9:58 – 10:43	4
10:47 – 11:19	A lunch
11:23 – 12:08	5 (A)
10:47 – 11:32	5 (B)
11:36 – 12:08	B lunch
12:12 – 12:56	6
1:00 – 2:30	7th Exam


Per. 1-6 Midterm/Final Exams	
Time	Exams
7:35 – 9:05	1, 3 or 5 Exam
9:05 – 9:35	Single Lunch
9:40 – 11:10	2, 4 or 6 Exam



# Prepping for Exams

## 5 WAYS PARENTS CAN HELP TEENAGERS STUDY FOR EXAMS

ADAPTED FROM: [HTTPS://PARENTS.AU.REACHOUT.COM/COMMON-CONCERNS/EVERYDAY-ISSUES/5-WAYS-PARENTS-CAN-HELP-TEENAGERS-STUDY-FOR-EXAMS](https://parents.au.reachout.com/common-concerns/everyday-issues/5-ways-parents-can-help-teenagers-study-for-exams)

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1. **FOCUS ON THE BASICS**
  2. **CREATE STUDY GOALS - AND PRIORITIZE**
  3. **IDENTIFY EXAM STRESS EARLY**
  4. **COMMUNICATE**
  5. **LOOK AFTER YOURSELF - AND BE POSITIVE (AND RESILIENT)**

## 6 Ways to Study Better for Tests

1. **Start Studying in School** - Studying for tests and quizzes starts well before you even know you'll have a test. Good study techniques begin in the classroom as you take notes.
2. **Plan Your Study Time** - When you sit down to study, think about how much time you want to devote to each topic. This will keep you from getting overwhelmed. If it's Monday, and you've got three tests on Friday, figure out how much time you need for each subject between now and then. Plan to do a little each day.
3. **Study Based on the Type of Test You're Taking** - Many teachers tell students ahead of time what the format of an exam will be. This can help tailor how you study. For example, multiple-choice questions might focus on facts and details, and essay questions usually require a more thoughtful understanding of the material and the ability to write a response.
4. **Keep Procrastination to a Minimum** - Some people actually work better under pressure, so they often wait until the last minute to start their tasks. But this doesn't work so well for studying. You need time to digest information, but maybe you end up procrastinating simply because you don't know how to get started.
5. **Join a Study Group (or Start Your Own)** - When you study with classmates, you can double-check your notes, come up with ways to remember the information, and test one another. You'll also hear different people explain the same concepts and explain the concepts yourself, both of which can deepen your understanding.
6. **Study in the Right Frame of Mind** - When you sit down to study, how are you feeling? Are you dwelling on something that happened earlier, or anxious about other things you have to do? If you're distracted or otherwise not in a good mood, you'll have trouble focusing.

Adapted from: <https://kidshealth.org/en/teens/test-terror.html>

[HTTPS://WWW.KEYSSCHOOLS.COM/CSHS](https://www.keysschools.com/cshs)



# THERE'S SNOW PLACE LIKE

## Coral Shores

### December Attendance Challenge

All students who have perfect attendance\* for the month of December will be entered into a drawing to win a fabulous prize! 2 students from each grade level will win!

Possible prizes include:  
Movie Theater Tickets  
Pinfish Arcade Gift Cards  
Restaurant Gift Cards



No tardies or absences.  
Sports related absences  
do not count



# More Resources

## Coral Shores Counselor Parent Website -

Find all of the previous newsletters along with community service information, testing resources and more -

<https://www.keysschools.com/Page/7301>

## Counselor Google Classroom for Students -

Upcoming events, scholarship information, community service opportunities and more!  
Join code - quiqssh

CORAL SHORES HIGH SCHOOL

## AFTERSCHOOL TUTORING

Mondays 9 Thursdays  
2:45 - 4:00PM

Tutoring is available in all  
core subject areas and  
SAT/ACT.

A bus is available for  
transportation at 4PM.

MEET MRS. RUIZ  
OUTSIDE THE  
CAFETERIA



## FREE & REDUCED MEALS

Let's Apply

### 1 Open Keysschools.com

Once on our District's homepage, scroll down to the bottom corner of the page. In the blue column you will see language with an English icon.

### 2 Browse the Food Services Department Page

Under the Links and Information section, click the highlighted and see that your [Link](#) and [Reduced Meals](#) [Link](#).

### 3 Horizon Application Page opens

If English is not your primary language, look to the left hand corner of the page. In the blue column you will see language with an English icon. Click English and a menu will appear with options. Select English to translate the application.

### 4 Start Application

Enter your child's legal name, school ID number (SSCID), grade and school they attend in the matching boxes. Then choose the information for each working person in the household. List all of your children on this application, regardless of the school they attend.

### 5 Submit your Application

Once you are done entering all requested information, you have completed the application. At the bottom of the page, click [Submit](#). Your application will be processed and you will be notified of the status your child received free or reduced price by email in 2 weeks.



Monroe County School District

SCAN ME



Monroe County School District | 3802 20th St SE | 33577 | 341 Yborland Blvd | Key West, FL 33504



## FORTIFYFL SUSPICIOUS ACTIVITY REPORTING APP

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials.



#FORTIFYFL  
GETFORTIFYFL.COM

App Store | Google Play

DOWNLOAD NOW



BEHOLD: EXCEL SUCCEEDED TODAY! BE YOUR BEST!

## STAY CONNECTED THROUGH FOCUS PARENT PORTAL

MONROE COUNTY SCHOOL DISTRICT provides parents and guardians a real time view of their child's grades, attendance information and progress monitoring results.

### HOW TO REGISTER:

#### 01 GO TO KEYSSCHOOLS.COM

In the right-hand corner, click Parents. From the menu, select Parent Resources. Under Other Parent Resources, click [FOCUS Parent Portal Registration](#).

#### 02 CREATING YOUR ACCOUNT

If you are creating an account for the first time, click the orange box that says "I DO NOT HAVE A FOCUS Parent Account and would like to create one (even if my child is already enrolled)" in the center of the page.

#### 03 ENTER PARENT INFORMATION

Enter your first and last name exactly as it appears on your identification. Then enter your active email address and create a password.

#### 04 LINK YOUR CHILD

You will now click "I would like to ADD A CHILD who is already enrolled" to link your child to your account. Enter your child's Student ID number (beginning with 44000) and Birth Date for MANDATORY then click add student. Repeat these steps to add any other children.

#### 05 FINISH

Once you have successfully added all desired children, click "I AM FINISHED adding students." Please take me to the Portal!



Already registered? Login to the Portal directly from our Parent Site under the Parents tab.

\*Note: In the future we will notify you of the username provided and the password you create to access your parent login.



MONROE COUNTY SCHOOL DISTRICT

PARENTS  
PADRES  
PARAN

WE NEED YOUR FEEDBACK!

ENGLISH

ESPAÑOL

KREYOL

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[HTTPS://WWW.KEYSSCHOOLS.COM/CSHS](https://www.keysschools.com/CSHS)