

2024 OCTOBER

Monroe County School District Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1 Chicken Teriyaki Noodles
Mixed Veggies
Fortune Cookie
Banana
Juice & Milk

2 Pizza Crunchers
Waffle Fries
Green Beans
Grapes
Juice & Milk

3 Corn Dog
(PreK: Mini Corn Dogs)
Spiral Fries & Baked Beans
Mixed Berries
Juice & Milk

4 Celebrate Spanish Heritage Month
Taco w/ Seasoned Grounded Beef & Cheese
Cilantro & Lime Rice
Plantains & Fiesta Veggie Blend
Diced Mangos
Juice & Milk

7 Monday Funday!
Chicken Alfredo
Cheesy Garlic Breadstick
Broccoli
Garden Side Salad w/ dressing
Frozen Slushy
Juice & Milk

8 Grilled Cheese Sandwich
Waffle Fries
Key West Veggie Blend
Oranges Wedges
Juice & Milk

9 Meatball Piada
Spiral Fries
Key West Veggie Blend
Pears
Juice & Milk

10 Pizza
Smile Fries
Baby Carrots w/ Ranch
Strawberries
Juice & Milk

11 Celebrate Southern Food Heritage Day!
Crispy Chicken Leg
Mashed Potatoes w/ Gravy
Mac n' Cheese & Green Beans
Corn Bread & Applesauce
Juice & Milk



14

15 National Mushroom Day!
Beef Stroganoff w/ Rice
Green Beans
Tropical Fruit Salad
Juice & Milk

16 Crispy Chicken Sandwich
(Lettuce, Tomato & Pickles Cup)
Waffle Fries & Corn
Mandarin Oranges
Juice & Milk

17 National Pasta Day!
Cheesy Beef & Noodles
Cheesy Garlic Breadstick
Broccoli
Garden Side Salad w/ Dressing
Pineapples
Juice & Milk

18 Frozen Friday!
Calzone or Empanada
Cilantro & Lime Rice
Cheesy Refried Beans
Frozen Slushy
Juice & Milk Options

21 National Chicken & Waffle Day!
National Apple Day!
Chicken & Waffles
Spiral Fries & Corn
Baked Apples
Juice & Milk

22 BBQ Bacon Cheeseburger
(Lettuce, Tomato, & Pickles Cup)
Onion Rings & Green Beans
Sour Raisins
Juice & Milk

23 Baked Ziti
Cheesy Garlic Breadstick
Broccoli
Garden Side Salad w/ Dressing
Peaches
Juice & Milk

24 Pretzel Dog
Spiral Fries
Baked Beans
Orange Wedges
Juice & Milk

25 Frozen Friday!
Pizza
Smile Fries
Green Beans
Frozen Slushy
Juice & Milk

28 Monday Funday!
Spaghetti w/ Meatballs
Cheesy Garlic Breadstick
Broccoli
Garden Side Salad w/ Dressing
Frozen Slushy
Juice & Milk

29 Nachos w/ Seasoned Beef or Chicken
Cheese Sauce
Cilantro & Lime Rice
Black Beans & Salsa Cup
Banana
Juice & Milk

30 Pretzel Dog
Spiral Fries & Baked Beans
Tropical Fruit Salad
Juice & Milk

31 Bat Wing Chicken Nuggets w/
Graham Crackers
Smile Fries & Corn
Pineapple Jell-O Cups
Juice & Milk

