

The Breakfast Zone

August Through January 2011

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



WEEK OF Sept. 6, 20 Oct. 4, 18 Nov. 1, 15, 29 Dec. 13 Jan 10, 24	French Toast Sticks Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk	*Breakfast Pizza <i>Combo</i> * Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk	Delicious Eggs Cinnamon Toast Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk	*Grits & Cheese <i>Combo</i> * Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk	Warm Biscuit & Jelly Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk
WEEK OF Sept. 13, 27 Oct. 11, 25 Nov. 8, 22 Dec. 6 Jan 4, 17	*Whole Bagel & Jelly <i>Combo</i> * Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk	Mrs. Butterworth's Pancake Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk	*Pancake Sausage Stick <i>Combo</i> * Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk	French Toast Slice Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk	Mrs. Butterworth's Waffle Assorted Cereals Goldfish Graham Crackers meal includes choice of juice or fruit & milk

Students may choose our **Combo** item on special days, **OR**, Mix and Match up to two individual entrée items every day. Student breakfast \$1.75, Reduced .30, Adult \$2.25
 Parents ~ prepaying for meals online is quick and easy just go to www.mealpayplus.com



Free & Reduced School Meal Applications

- At the beginning of the school year, a grace period is given to students who were eligible for free or reduced price meals last year.
- **The grace period expires October 4th.** Remember, you must complete an application and be approved before the grace period ends each school year or your children will automatically go back to full priced meals.
- Until the Food Service Office processes the application, **your children must pay full price for meals.**
- You must submit a new application every year.
- Monroe County School District processes family applications. List all students on one application. The only exception is that each foster child must be on a separate application.
- For questions please visit www.keysschools.com or call the Food & Nutrition main office 305.293.1400 ext. 53355 or your school cafeteria.

2010-2011 IOU Policy Charge Limits

Reduced priced meals grades K-12 \$2.10 - - - - - Full priced meals grades K-5 \$12.00 grades 6-12 \$12.75
 Dollar limit is equal to 3 iou's for breakfast and 3 iou's for lunch. When a student has reached the dollar limit allowed the parent will be responsible for providing meals until the account is paid. Students with a negative balance will not be allowed to purchase a la carte items

For a hot, nutritious and well balanced meal we still have the best deal in town.
 Our meals are made with lots of TLC thanks to the GREAT Foodservice Staff in every school.

In accordance with Federal law, and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call 800-795-3272 or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer."