

LEARNING FOR LIFE

SUMMER 2010

No-Go-Tell

A good way to stay safe is "NO-GO-TELL".



NO

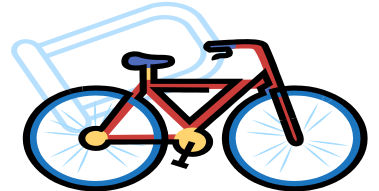
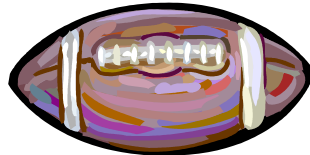
—say **NO** if someone makes you uncomfortable, scared, or touches you in a way you don't like

GO

—do your best to **GO** away from the stranger

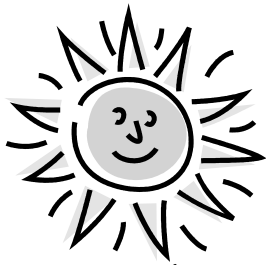
TELL

—**TELL** your parent or an adult you trust about what happened right away



**Here are some fun things to do over summer break.
In the box, draw a picture of ways you can have fun and be safe:**

A large, empty rectangular box with a black border, intended for a child to draw a picture of safe summer activities.



Sun Safety



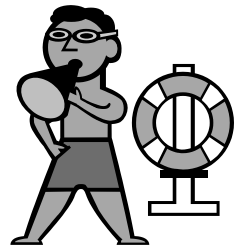
Playing outside can be lots of fun, but getting sunburned or sick is not. Remember these tips to stay cool this summer!

- **Drink Lots of Water**—not just juice or soda
- **Protect Yourself from the Sun** with sunscreen, sunglasses, and hats
- **Take a Break**—go inside or in the shade to rest

Water Safety

Summer can be HOT and so jumping into a pool might seem fun. Before you do, remember these water safety rules:

- **Never Go Swimming Alone**—always have a swimming buddy
- **Stay Away from Water** unless there is an adult watching you
- **Get Out of the Water** if there is lightning or thunder



Street Safety



- Always Look Both Ways before crossing the street
 - Don't Play In or Near the Street
 - Never Run Into the Street Without Looking
 - Always Tell Your Parents Where You are Going
- Use the "Buddy System" - don't walk or ride your bike alone
- Always Wear Your Helmet when riding your bike or skateboard

FIRE SAFETY



Matches and lighters are NOT toys. If you find one, leave it alone. Stay away from hot irons, stoves, or ovens.

If you do see a fire, get away and call for help—do NOT try and put it out yourself.

If you or your clothes catch fire, remember STOP (do NOT run), DROP to the ground, and ROLL around until the fire is put out.

Stranger Safety

Is This a Stranger?

Circle each picture that you think shows a stranger:



Answer: All of the Above. If you do not know a person, then they are a stranger, no matter how nice or mean they look.

S	T	R	A	N	G	E	R
A	R	B	U	O	P	H	R
T	U	N	O	G	G	B	N
M	S	J	H	O	X	S	D
D	T	J	E	T	O	A	Y
U	S	A	F	E	T	Y	V
E	Y	Z	J	L	G	N	T
L	H	O	K	L	J	O	Y

Find-A-Word

Find these related words in the puzzle:

- TRUST
- SAFETY
- STRANGER
- NO GO TELL
- SAY NO



A stranger is anyone that you do not know well:

- Never go in or near a strangers house or car
- Do NOT tell anyone that you are home alone
- If a stranger wants to take your picture or "make a movie" - say NO and tell your parents
 - Remember NO-GO-TELL

Be Safe

We want you to have a fun and safe summer!

Remember that there are some things you should never play with.

If you see them, or if someone offers them to you, stay away.

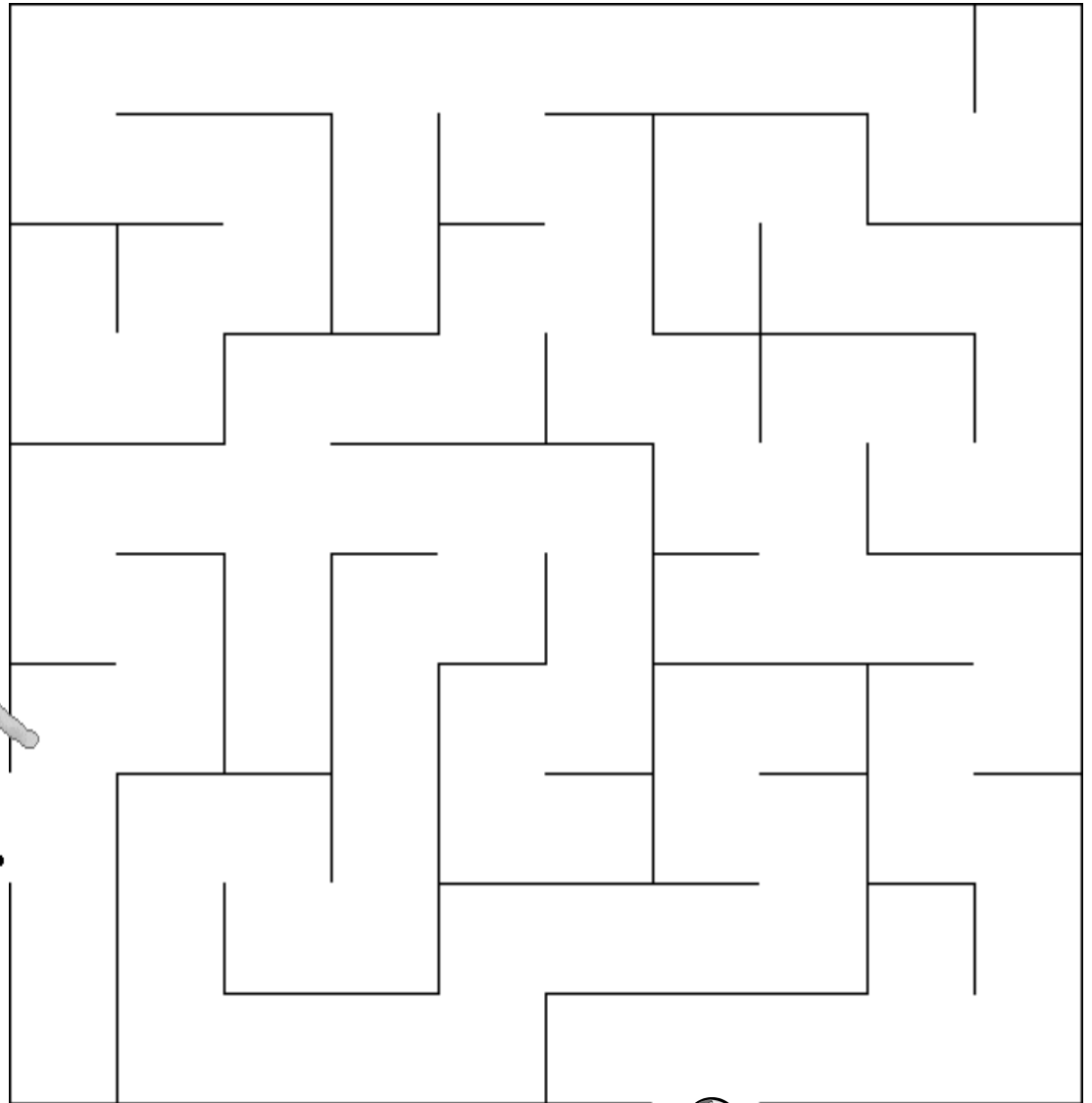
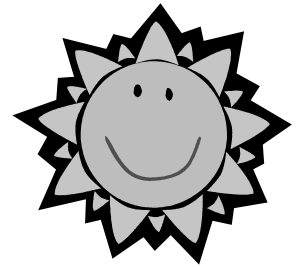
- Fireworks
- Guns
- Drugs
- Alcohol
- Cigarettes





Summer Maze

Help the kids get to the soccer ball!



Have a Safe and Fun Summer!
See you next year!

If you have any questions or comments:
Please contact a Learning for Life Executive:
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